

PARENTING INVOLVEMENT BY FATHERS

WHEN EVALUATING YOUR INVOLVEMENT IN THE LIVES OF YOUR CHILDREN, ASK YOURSELF THE QUESTIONS ON THE LIST BELOW.

HOW OFTEN ARE YOU THE PARENT WHO:

- **GETS YOUR CHILD READY IN THE MORNING**
- **MAKES YOUR CHILD'S BREAKFAST/ LUNCH/ DINNER**
- **TAKES YOUR CHILD TO SCHOOL/ PICKS HIM/HER UP**
- **PARTICIPATES IN PARENT-TEACHER CONFERENCES**
- **PARTICIPATES IN SCHOOL ACTIVITIES/ PTA/ VOLUNTEERS AT SCHOOL**
- **HELP WITH OR CHECK YOUR CHILD'S HOMEWORK**
- **ARRANGES YOUR CHILD'S PLAY DATES/ KNOWS THEIR FRIENDS**
- **TAKES YOUR CHILD TO THE DOCTOR/ DENTIST**
- **READS TO YOUR CHILD**
- **PLAYS WITH YOUR CHILD**
- **TALKS WITH YOUR CHILD WHEN THEY ARE HAVING A TOUGH TIME?**

WHICH OF THESE ACTIVITIES, OR OTHERS, COULD YOU INCREASE?

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