

## Reward Suggestions

**The best way to improve a child's behavior is to reward the behaviors that the parents desire**

### Rewards To Use Daily

Verbal Praise- "Good job"

Physical Praise- Hugs, pat on the back, "High 5"

Play a board or card game the child chooses

Special time alone with a parent

Take a walk/ go to park with child

Family outing the child chooses- Go to a park or the beach, have a picnic

Have a catch/ Kick a ball together

Play child's video game with them

### Special Privileges

Later bedtime

Longer reading time at bed time

Increased video game/ computer/ TV/ radio time

Increased time with friends

Increased phone time

Add Additional Privileges Your Child Enjoys

### Rewards For Big Successes

Small Toys

Favorite meal cooked at home

Favorite snack and home

Go to a restaurant that the child chooses

Go for ice cream

Rent or go to a movie the child chooses

Rent or buy a video game

Go bowling

Play miniature golf

Go to a golf driving range

Go play laser tag

Go to cultural event; concert or play

Rewards that your child most enjoys